

# Give Parents A Break 2025 Contract

The Give Parents A Break program is funded by the Air force Aid Society and is designed to provide relief for active duty Air Force parents who have family members deployed or TDY, have an emergency situation such as illness of a family member, recently moved to base or other unique circumstances.

What do I need?

1. Completed referral form provided by the Military & Family Readiness Center.
2. Turn referral into the Child Development Center (CDC) or the Youth Center along with completing the registration requirements in CYP-BMS.CYP programs also requires a copy of your child's immunization records (most updated to include the flu shot).
3. Registration requirements must be completed NO LATER THAN TWO WEDNESDAYS BEFORE THE SCHEDULED GPAB in order to save a slot for your child.

What are the dates?

REGISTER NLT	GPAB DATE	TIME
1 January	11 January	1000-1400
22 January	1 February	1700-2100
19 February	1 March	1000-1400
2 April	12 April	1700-2100
23 April	3 May	1000-1400
3 September	13 September	1700-2100
24 September	4 October	1000-1400
22 October	1 November	1700-2100
3 December	13 December	1000-1400

ADDITIONAL INFORMATION:

- CDC phone 701-747-3042, SAC phone 701-747-3150
- If you signed up for a GPAB and need to cancel you must do so by calling the CDC or School-Age Care at least 48 hours in advance (No shows will be charged the hourly rate for the hours of the scheduled GPAB)
- For the morning schedule lunch will be served at 11:30am
- For the evening schedule, supper will be served at 6:30pm
- CDC children will take naps. (You may bring a blanket or snuggly toy for your child)
- Please dress children appropriately for outdoor play. (You may want to bring an extra set of clothes.)
- **REMINDER:** You cannot sign up for GPAB until you have completed all registration requirements. THE REFERRAL COMES FROM M&FRC and needs to be provided to the program. Sign-ups are due TWO WEDNESDAYS before the event.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_